



**EAST CENTRAL REGION, ACPE****“SPRING” CONFERENCE-MARCH 23-24, 2012**

**Hueston Woods Resort & Conference Center  
5201 Lodge Rd., College Corner, OH 45003**

Bob Uken and members of the program planning committee invite you to the ECR Annual Spring Conference, March 23-24, 2012. The theme of the conference is, “Religious/Spiritual Struggle in Coping with Illness,” and they are pleased to announce that George Fitchett, D.Min., Ph.D. will be the keynote speaker.

George Fitchett, D.Min., Ph.D. is Professor and Director of Research in the Department of Religion, Health, and Human Values, Rush University Medical Center, Chicago, IL. He also holds an appointment in Rush’s Department of Preventive Medicine. He has been a certified chaplain (Association of Professional Chaplains) and pastoral supervisor (Association for Clinical Pastoral Education) for over 30 years. His book, Assessing Spiritual Needs (Academic Renewal Press, 2002), is a widely used text in clinical and academic training programs.

In addition to his training in spiritual care, George holds a PhD in epidemiology. Since 1990 he has directed a program of research examining the relationship between religion and health in a variety of community and clinical populations. His research has been funded by the National Institutes of Health and published in pastoral, medical, and psychological journals. George’s contributions to chaplaincy and spiritual care have been recognized with awards from the Association of Professional Chaplains (the 2006 Anton Boisen Professional Service Award) and the North Central Region, ACPE (Distinguished Service Award, 2007).

**The Friday program includes:****Plenary Session #1**

- Comfort and Anguish: The Complex Role of Religion in Coping with Illness  
Religion and spirituality generally play an important and positive role in health and coping with illness. However, a growing body of research documents the harmful effects, in a variety of patient populations, of religious or spiritual struggle. Religious/spiritual struggle includes feeling abandoned by God or punished by God. This presentation will summarize findings from this research. Implications for evidence-based spiritual care, including a protocol for screening for religious/spiritual struggle, will also be described.

**Objectives:**

1. Become aware of research evidence about the beneficial effects of religious/spiritual coping with serious illness such as cancer.
2. Become aware of research evidence about the harmful physical and emotional effects of religious/spiritual struggle.
3. Become aware of research about screening for religious/spiritual struggle, or spiritual pain, and its implications for clinical practice.

**Plenary Session #2**

- Evidence-Based Spiritual Care: Desirable? Feasible?  
Description:  
Leaders in health care chaplaincy have called for the profession to move toward evidence-based practice. In this session we will examine what is meant by evidence-based care, the arguments

*for and against evidence-based spiritual care, several levels of chaplain involvement in research, and implications of evidence-based spiritual care for CPE supervision.*

*Objectives:*

- 1. Be able to describe 3 levels of chaplain involvement in research;*
- 2. Be able to describe and evaluate at least 4 levels of knowledge for professional practice;*
- 3. Be able to describe at least 1 reason for and 1 reason against evidence-based spiritual care.*

**The General Business Meeting and National Issues Panel:** *moderated by Judy Ragsdale, Regional Chair. The meeting will include reports from committee chairs, action items and updates of issues by our national representatives.*

**Documentary/Workshop: “I Believe You: Faith’s Response to Intimate Partner Violence”**

*Discussion led by David Koch*

**Peer Review/Self Care**

**Social Hour/Banquet & Special Recognition:** *Judy Ragsdale will serve as moderator as we celebrate the achievements of our colleagues.*

**The Saturday morning program includes:**

**9:00AM-10:10AM**

- **SES Session #1-Video of SES Session** – *discussion led by Debbie Mansell & Sergei Petrov*  
*The discussion will be focused on the Supervisor more than the SES and Sergei will be ready to answer questions about his educational theory. [SES Session #2 – will provide SES’s a chance for mock committee meetings]*
- **Diversity Issues in Assessments** – *discussion led by Marla Coulter-McDonald and Karen Morrow [This workshop will be offered again at 10:25AM]*
- **Ethics Workshop: “Harmonizing Spiritual Care and Struggles in CPE”** – *Yoke Lye Lim Kwong. In the rough and tumble of a CPE journey, when learning takes on distress & struggle resulted by clash of cultures and understanding of worldviews, the soul feels fear, the mind feels weak and one’s identity feels divided. To return to the simple and nonstrategic humanity of the journey, we need to seek a training ground where both students and supervisor(s) can live in a supportive community. Until the ethics of care is realized, then skills and reflective practice can take place to greet the complexity of spiritual care in a diverse world. An adapted case would be discussed.*

- **Peer Review/Self Care**

**10:25AM-11:35AM**

- **Peer Review/Self Care**
- **Diversity Issues in Assessments** – *discussion led by Marla Coulter-McDonald and Karen Morrow*

- **SES Session #2-** *Individuals in supervisory training will have an opportunity to present materials, personal issues or to schedule a mock committee experience with peers and supervisors from the region. These seminars are also a great opportunity for supervisors to share their approach and/or to see others work with those in supervisory education. Individuals wanting to schedule a time slot must sign up in advance and recruit supervisors to participate in the committee.*
  
- **Reading Research: A Workshop for Beginners** – *led by George Fitchett\**  
*Description:*  
*This workshop is for chaplains and caregivers with little or no prior training in research who are ready to take a step toward research literacy. Prior to coming to the conference, participants will be given a simple research article to read and summarize using a research summary outline. The article we will read together is about the harmful effects of spiritual struggle (e.g. Feeling abandoned or punished by God) on health. In the workshop we will review the article in detail, highlight relevant concepts about research illustrated by the article and discuss the implications of the research in the article for chaplains’ spiritual care.*
  
- **Outstanding business items and closing comments-moderated by Judy Ragsdale**
  
- **Closing Devotion - led by Howard Regional Medical Center Chaplain Residents: James Backing, Herb Hughes and Suzi Keown**
  
- **Lunch is provided**

**Peer Review:** *Although some individuals have peer review more often, ACPE supervisors are required to have a peer review every 5 years (Standards 411.6). Individuals that would like to have a Peer Review may schedule it during free time or as a workshop. If you are planning a peer review, you will need to do some written work in preparation. The Peer Review Guidelines and report form may be downloaded from the regional website [www.ecracpe.org](http://www.ecracpe.org).*

*Plan now to attend!*

*Planning Committee Members:*

<i>David Koch</i>	<i>Hanci Newberry</i>
<i>Vickie Johnson</i>	<i>Kathy Nininger</i>
<i>Yoke Lye Lim Kwong</i>	<i>Sergei Petrov</i>
<i>Marla Coulter-McDonald</i>	<i>Bob Uken, Chair Elect &amp; Program Chair</i>
<i>Debbie Mansell</i>	<i>Versey Williams</i>
<i>Karen Morrow</i>	

**2012 Regional Meeting Schedule:**

*March 23-24, 2012 Hueston Woods State Park Lodge, College Corner, OH*

*October 5-6, 2012 The Boulevard Inn, St. Joseph, MI  
 (Program Co-Chairs: Walter Balk and Bob Persenaire)*

**PRE-CONFERENCE  
COMMITTEE/TASK FORCE  
MEETINGS**

**Wednesday, March 21, 2012**

**7:00PM-8:30PM – Certification Committee**  
Wyandot Room-Lower Level

**Thursday, March 22, 2012**

**7:00AM-8:30AM – Breakfast Buffet**  
Dining Room-Lower Level

**11:00AM-1:30PM – Soup & Salad Bar available**  
[no charge] or you may order off the menu; (at  
your own expense; charge to your room or pay  
cash)

**7:30AM-6:30PM – Hospitality/Welcome**  
Room #210 – Lodging Room

**8:00AM-6:30PM – Certification  
Subcommittees**  
-“A” Room #200 – Lodging Room  
-“B” Room #202 – Lodging Room  
-“C” Room #204 – Lodging Room  
-“D” Room #206 – Lodging Room

**5:00PM-6:30PM – Certification Committee**  
Room #210-Hospitality Room

**2:00PM-9:00PM – Accreditation Committee**  
Wyandot-Lower Level

**2:30PM-6:00PM – Budget & Inv Committee**  
Delaware-Lower Level

**4:00PM-6:00PM – Standards Committee**  
Councilfire-Lower Level

**“SPRING” PROGRAM  
Friday, March 23, 2012**

**7:00AM-8:50AM – Breakfast Buffet**  
Fireside Room-Lower Level

**7AM-8:50AM – Administrative Council**  
(Bring breakfast with you from the Fireside  
Room buffet)  
Wyandot-Lower Level

**8:30AM-9:00AM – Registration –**  
Upper Level-Main Lobby

**9AM-9:05AM – Welcome/Introductions-Bob  
Uken**  
Delmingo Room-Lower Level

**9:05AM-9:20AM – Devotional Service Led by  
Howard Regional Chaplain Residents: James  
Backing, Herb Hughes and Suzi Keown**

**9:20AM-10:35AM – Plenary Session I**  
**George Fitchett**

**10:35AM-10:50AM - Break**

**10:50AM-12:00Noon – Plenary Session II**  
**George Fitchett**

**12:00PM – 1:30PM – Lunch Buffet**  
Fireside –Lower Level

**REM Lunch Meeting – Councilfire-Lower Level**  
(Bring lunch with you from the buffet)

**1:30PM-4:30PM – Business Meeting &  
National Issues Panel – moderated by Judy  
Ragsdale**  
Delmingo Room-Lower Level

**2:45PM – 3:00PM – Break**

**“SPRING” PROGRAM  
Friday, March 23, 2012 (continued)**

**3:00PM – 4:30PM - Business  
Meeting/National Issues Panel (continued)**

**4:30PM-5:45PM**

- **Peer Review/Self Care**  
Location to be determined by person  
being reviewed
- **Documentary/Workshop: “I Believe  
You: Faith’s Response to Intimate  
Partner Violence” – Discussion led  
by David Koch**  
Delmingo Room-Lower Level

**5:30PM-6:30PM – Social Hour/Cash Bar**  
Fireside-Lower Level

**6:30PM-8:00PM – Banquet & Special  
Recognition**  
Fireside-Lower Level

**8:00PM – free time**

**“SPRING” PROGRAM  
Saturday, March 24, 2012**

**7:00AM-8:50AM – Breakfast Buffet**  
Fireside-Lower Level

**7:00AM-8:50AM – Administrative Council**  
(Bring breakfast with you from the Fireside  
Room buffet)  
Wyandot-Lower Level

**9:00AM-10:10AM [Participants may select  
one of the following workshops]**

- **Seminars on Supervision #1- Video of  
SES Session**  
Delmingo Room-Lower Level

**“SPRING”PROGRAM**  
**Saturday, March 24, 2012 (Continued)**

- **Diversity Issues in Assessments: Marla Coulter-McDonald and Karen Morrow**  
Councilfire-Lower Level
- **Ethics Workshop: “Harmonizing Spiritual Care and Struggles in CPE” – Yoke Lye Lim Kwong**  
Wyandot Room-Lower Level

- **Peer Review/Self Care** [Location to be determined by person being reviewed]

**10:10AM-10:25AM - Break**

**10:25AM-11:35AM** [Participants may select one of the following workshops]

- **Seminars on Supervision #2**  
Delmingo Room-Lower Level

- **Diversity Issues in Assessments: Marla Coulter-McDonald and Karen Morrow**  
Councilfire-Lower Level
- **“Reading Research: A Workshop for Beginners” – George Fitchett**  
Councilfire – Lower Level
- **Peer Review/Self Care** [Location to be determined by person being reviewed]

**11:35AM-12:15Noon – Outstanding business items and closing comments-moderated by - Judy Ragsdale**  
Delmingo Room-Lower Level

**12:15PM-12:30PM – Closing Devotional led by Howard Regional Medical Center Chaplain Residents: James Backing, Herb Hughes and Suzi Keown**

**12:30PM-Adjournment-(Lunch is provided)**  
Fireside Room-Lower Level

**Program Planning Committee Members:**

Marla Coulter-McDonald, Vickie Johnson, David Koch, Yoke Lye Lim Kwong, Deborah Mansell, Karen Morrow, Hanci Newberry, Kathy Nininger, Sergei Petrov, Bob Uken (Program Chair), and Versey Williams

**HOTEL REGISTRATION INFORMATION:**

HUESTON WOODS RESORT & CONF CENTER  
5201 LODGE RD., COLLEGE CORNER, OH 45003

**RESERVATIONS – 1-513-664-3500**

Mention ECR/ACPE for the conference room rate (\$106.70) SGL/DBL. (Unless other arrangements are made – Check in is 3PM)

**HUESTON WOODS ROOM RESERVATION DEADLINE IS**

**TUESDAY, FEBRUARY 21, 2012**  
*(Rooms not reserved by the 21<sup>st</sup> will be released to the public).*

**Regional Conference Registration**

Complete registration form and mail with your (\$149) check or money order as indicated. To avoid the late fee you can register by e-mail and send your check by regular mail.

**hjoanlyke@yahoo.com**

**The Regional Conference registration deadline is March 01, 2012. *(No refunds will be granted after that day).***

**EAST CENTRAL REGION,**

**ACPE**

**“SPRING” CONFERENCE**

**RELIGIOUS/SPIRITUAL STRUGGLE IN COPING WITH ILLNESS**

*“Religion and spirituality generally play an important and positive role in health and coping with illness. However, a growing body of research documents the harmful effects...of religious or spiritual struggle. This program will summarize findings from this research and implications for evidence-based spiritual care including a protocol for screening for religious/spiritual struggle.”*

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